



CT PREPARATION

Patient Name _____

Appointment Date: _____ Time: _____

Anchor Health Center Employee _____

____ CT Abdomen ____ CT Pelvis ____ CT Abdomen & Pelvis ____ With IV Contrast

1. If intravenous (IV) contrast/dye is ordered with your CT scan, you should have had lab work (BUN and Creatinine) done within 90 days and available before your study date.
2. Do **NOT** eat any solids for a minimum of 4-6 hours prior to your appointment. (Small amount of **WATER ONLY** is permissible)
3. Mix (1) packet of EZ CAT DRY with 24 ounces of water. Shake mixture vigorously for 15 seconds, let stand for 15 minutes. Re-shake mixture, and then refrigerate liquid.
4. 2 hours prior to your CT scan, drink 12 ounces of EZ CAT mixture. (Shake mixture vigorously before drinking)
5. 1 hour prior to your CT scan, drink another (12) ounces of EZ CAT mixture. (Shake mixture vigorously before drinking)

*Please remain fasting except for the EZ CAT prep.

*You may take regular medication with a small amount of water.



STOP If you are diabetic and taking any Metformin drug(s) Glucophage, Glypharide, Glycon, Janumet, Glucovance, Fortamet, Obimet, Actosplus, Avandamet, Riomet, Diabex, Metaglip, Glumetza, or Diaformin, **DO NOT** take them for 48 hours after your IV contrast CT/CTA procedure. Contact your physician for questions and about resuming you Metformin.

*If you have had a previous reaction to IV contrast material, contact: 643-8890 and your doctor.

Pick up EZ CAT DRY at:

AHC Commons South
800 Goodlette Road N, Suite 230
Naples, FL 34102

AHC Eagle View
2450 Goodlette Road N. Ste 202
Naples, FL 34103

Or

AHC Veteran Park North
1845 Veterans Park Dr, Suite 150
Naples, FL 34109

AHC Edison Village
8360 Sierra Meadows Blvd
Naples Florida 34113